

Rewildering

in conversation with animals

First edition in German as "Auswildern im Gespräch mit Tieren". Hard-Cover 270 pages. Price 29 € Published end of January 2016 in the press of Institute conscious strategies association

An animal came to you: as animal card, in a dream, in an inner journey or "outside". It is a work- and storybook. It assists you to find out more about it playfully and learn your "animal language". Experiences of many people came into this book.

Rebred wild animals are returned to the wild, domesticated cattle adopt as wandering herd their predecessors' way of living again. Rectified rivers are de-rectified sectionwise and soon attract flora and

fauna of alluvial forests. Why? In order to recover diversity, well-being and beauty.

And us 'domesticated' and 'rectified' human beings?

We are able to return to the wild as well. Wildness is awareness, liveliness and intuition of our hunter ancestors, who made the cave paintings in Europe and Africa. Wildness is present. Within our body. Within deeper layers of consciousness. Here and then it sends us signals, when we are too well-behaved and adapted or when we are touched by unexpected events which make us more alert. Very often the signals of wildness appear in animal guise. Within ourselves. Or around us.

Magic fairy-tales give us important hints, how to understand their message and their language. They contain experiences of our ancestors who lived as part of nature, as they are still alive in indigenous cultures and their myths and stories.

Some animals come back to us and become companions (totem animals), when we ask them for their advice, when we honour them and celebrate life with them.

The book offers texts for 53 animals. Their everyday life as well as stories and experiences with them give stimulations, how to understand their messages. The book is directed towards people of all ages following the compass of their own desire. And to "cultural creatives" in city and countryside, living their vision and wanting to make it happen more effectively.

ISBN 978-3-902923-53-0 You may order the book via Amazon or directly from the publisher by transfer of the amount, name of product and post address of receiver to account Institute consciousness strategies Oberbank Mattighofen IBAN AT85 1504 1002 1111 6645 BIC OBKLAT2L



Price of book: $29 \in (32 \text{ sfr})$. Set of 53 animal cards painted by Helga Weule $25 \in (28 \text{ sfr})$ Package price of book and set of animal cards together: $48 \in (53 \text{ sfr})$ including postage.

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