



The first book about life and work of Paul Rebillot was published in German with numerous pictures on the occasion of his 90th birthday on May 19, 2021, edited by Franz Mittermair, Helga Weule and Manfred Weule.

Franz Mittermair gives an overview of Paul Rebillot's life and describes his seminars and trainings in detail. Helga and Manfred Weule give a very detailed and profound interview that brings his world of thoughts to life. In addition, there are some contributions from his pen, some of which have not yet been published. The texts are supplemented by recollections of various people who worked with him.

Paul Rebillot, 1931-2010, studied philosophy and theatre, was a very well-known actor and director in California of the 1960s. He taught the art of theatre at Stanford and San Francisco State University and founded the Gestalt Fool Theatre Family in San Francisco. After a spiritual crisis, he trained in Gestalt therapy with Richard Price, a student of Fritz Perls. Against this background and through intensive study of the myths of various cultures, he developed the "Hero's journey" and his further Gestalt processes. He led groups and trainings for 40 years at the Esalen Institute, California and at various centres in Europe.

Vom Künstler zum Heiler. Aus Leben und Werk von Paul Rebillot

(From artist to healer. About life and work of Paul Rebillot.)

Edited by Franz Mittermair, Helga Weule and Manfred Weule

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